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Everybody's Talking!

Wildlife bridge: In Agoura Hills, California (U.S.), a unique overpass built for animals is reshaping how roads and wild-lands coexist. Stretching above a major freeway, the structure is carefully designed with native soil, plants, and fungi to resemble the surrounding hills. Every detail, from seed collection to the rerouting of water and power lines beneath the road, supports the goal of blending nature with infrastructure. The crossing will connect fragmented habitats, offering a safe passage for species that once roamed freely. Native shrubs and trees will eventually turn the bridge into a living extension of the land itself. Rather than block movement, the freeway will become part of a larger, greener path forward.

Code access: In Abuja, Nigeria, a small group of students watch as their instructor signs instructions beside a screen of glowing code. This classroom is part of Deaf-in-Tech, a training program giving individuals with hearing loss the tools to succeed in the country's fast-growing tech field. Lessons are led entirely through sign language, making complex digital skills accessible to those often left out. With mentorship, laptops, and career support included, students learn everything from data tools to programming. More than education, the goal is transformation. As technology continues to expand, this effort ensures that inclusion isn't an afterthought. One line of code at a time, barriers are being rewritten.

Glacier escape: In Iceland, guests can now sleep beside drifting icebergs in a transparent dome on water. Tucked away on Fjallsárlón Glacier Lagoon, the Aurora Hut offers a one-of-a-kind floating retreat complete with a bed, heat, bathroom, and views that stretch from glacial peaks to a sky full of stars. Accessed by zodiac boat, each hut is spaced out for privacy and rests silently in one of Iceland's most breathtaking settings. From within the glass ceiling, guests can watch northern lights ripple above or a sunrise light the nearby mountains. It's a rare chance to merge glacier exploration and overnight stay into one unforgettable moment. For those tired of hotels, it's a room that floats with the rhythm of the wild.

Mirror wonder: In Mount Tremper, New York (U.S.), an old grain silo unexpectedly hides a towering kaleidoscope that turns light and mirrors into a swirling spectacle. Visitors recline beneath a mirrored pyramid as shifting images flicker across a massive 60-foot (15.2 m) dome, creating the illusion of endless motion. Originally designed by a psychedelic artist, the show blends color, sound, and movement into a short, immersive journey. Nearby, collectors browse one-of-a-kind kaleidoscopes, some crafted from stained glass or gemstone. The main attraction still draws crowds, especially those curious to see what it feels like to step inside a dream.

Quoteable Quotes

"Contemplation seems to be about the only luxury that costs nothing."
—Dodie Smith

"Life itself is the most wonderful fairy tale."
—Hans Christian Andersen

What's Happening

Alzheimer's Care giver Tips

1. Go to their reality2. Don't assume the person understands what you are saying
3. Try to ensure you as a caregiver has support also
4. Try to get to any trainings or groups on Alzheimer's

Matthew Pinto MA, MHC
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Trivia

1. The fine thread in an incandescent light bulb is a ____.
 2. What two countries border Uruguay?
 3. Where would you find a "sustain pedal"?
 4. The life expectancy of a mayfly is one day, one month, or one year?
 5. Who was King Arthur's wife?
- (Flip bottom of page for answers)

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About: I joined the U.S. Army on a journey of self-improvement. Future-oriented, I've always believed in becoming a better version of oneself tomorrow through the labors of today. Who you are now does not determine who you will always be.



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Your Weekly Horoscopes

ARIES (March 20 – April 19)



Confusion about where things stand continues this week. Patience is not an Aries key word but now may be a good time to make an adjustment to cultivate more of it. Lucky numbers: 1, 13, 18, 20, 43, 46.

TAURUS (April 20 – May 20)



Sometimes a Taurus can be as stubborn as the bull that is your sign. For the next month, be aware of digging in your heels. Is that a behavior that is serving you? Lucky numbers: 2, 7, 8, 39, 47, 48.

GEMINI (May 21 – June 20)



This week you may continue to feel that you are outside of your comfort zone. Consider what the universe might be telling you and how to make a positive adjustment. Lucky numbers: 4, 20, 22, 24, 26, 48.

CANCER (June 21 – July 22)



During the next month, you may feel that you are being unfairly treated. Instead of lashing out or retreating into a shell, try to find a gracious way to address the situation. Lucky numbers: 6, 7, 14, 23, 29, 30.

LEO (July 23 – Aug. 22)



The natural charm of your Leo nature may be heightened for the next month. It is important to work toward those outcomes that are a win-win for all involved. Lucky numbers: 9, 10, 30, 32, 33, 37.

VIRGO (Aug. 23 – Sept. 22)



On the relationships vs. results scale, Virgos can often lean more toward the latter. But the next month may offer an opportunity to bring more balance into that dynamic. Lucky numbers: 7, 10, 11, 26, 36, 47.

LIBRA (Sept. 23 – Oct. 22)



Your birthday month is a good opportunity to evaluate how things went last year and develop new plans. What are your goals and how can you achieve them? Lucky numbers: 10, 16, 17, 26, 29, 36.

SCORPIO (Oct. 23 – Nov. 21)



The next month is a very important period for you. You can use this time to break through old psychic patterns or to double down on power struggles. Choose wisely. Lucky numbers: 8, 17, 18, 35, 40, 44.

SAGITTARIUS (Nov. 22 – Dec. 21)



You may feel eager right now to expand your understanding of the world. Is it time to travel to a place you haven't visited or to educate yourself in a new subject? Lucky numbers: 3, 8, 12, 29, 35, 44.

CAPRICORN (Dec. 22 – Jan. 19)



The astrological energy for the next few weeks may further boost your naturally ambitious nature. Just be aware of feeling obsessive about your arguments or plans. Lucky numbers: 11, 14, 23, 27, 30, 33.

AQUARIUS (Jan. 20 – Feb. 18)



At midweek, you may feel caught between two conflicting emotions. Step confidently into your power. Don't start a fight, but don't hesitate to finish one if others start. Lucky numbers: 12, 19, 26, 30, 46, 47.

PISCES (Feb. 19 – March 20)



Pisces can create castles in the sky but have trouble manifesting those dreams. The next month's astrological energy could support operating in a more grounded manner. Lucky numbers: 22, 24, 27, 38, 40, 41.

Lucky numbers this week: This week's odds favor Leo winners with the luckiest number being 33.

Did You Know...

Chalk creatures: The chalk used on blackboards is more than just a white rock. It's made from countless tiny fossils of ancient ocean plankton. These microscopic remains built up over time to form the soft, fossil-rich material we know today.

Faster beat: Women's hearts are typically smaller than men's, meaning they need to work a bit harder. To keep up, they beat more often, resulting in a naturally quicker heart rate compared to their male counterparts.

Cloth etiquette: During the Renaissance, tablecloths doubled as giant group napkins. Guests wiped their hands and mouths right on the fabric. Over time, this messy habit was replaced by individual napkins.

Twister zone: The U.S. sees more tornadoes than any other country, thanks to its broad, flat central plains and a mix of warm, moist Gulf air clashing with cooler air from the north. These stormy ingredients cause frequent tornado outbreaks.

Nose flare: Just like Pinocchio, liars can't fully hide the truth. But it's heat, not nose length, that gives them away. When someone is dishonest, the nose area warms up, revealing hidden tension through subtle changes in body temperature.

On the Lighter Side

When the first diving school opened, graduates earned a deep-loma.

I plan to be spontaneous...tomorrow.

Farmer: "This is a dogwood tree."

City slicker: "How can you tell?"

Farmer: "By its bark."

Knock! Knock! *Who's there?* Sarah. *Sarah who?* Sarah reason you're not laughing?

What is as big as an elephant but doesn't weigh as much? An elephant's shadow.

Answers

Trivia answers: 1. Filament 2. Argentina, Brazil 3. Piano or keyboard 4. One day 5. Guinevere

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